

HIKE LEADER CHECKLIST

BRING TO HIKE: SIGN-IN SHEET, FOOD, WATER, MAPS, DIRECTIONS, FIRST-AID KIT

WELCOME CIRCLE:

Introductions – SATC, Hikers

Hike Sign-in/waiver sheet (take on hike) – driving mileage, \$0.10/mile

Check Hikers - experience, medical, footwear, general attire.

Check for– water, food/snacks, proper gear/foot gear for weather (rain, snow, ice)

Explain Hike – go over a summary or hike, what to expect, breaks/lunch

Club Rules - Leave No Trace, No Smoking, No Pets, General Behavior

Appoint a Sweep – Safety; nature break, leave pack for sweep to see; stay ahead.

Head Count – check at breaks and at the end of hike

Spotting Cars? - Have this figured out ahead of time; Check for KEYS!