



Hike Codes
Effective March 2011
P-T-L Codes (Pace, Terrain and Length/Mileage)

Pace Code	Description
Leisurely	Nature or historical walk; frequent stops for observation
Average	Steady; 1-2 miles per hour (mph)
Brisk	Steady; 2-3 mph
Fast	3-4 mph, very short breaks; a workout

Terrain Code	Description
Paved	Solid pavement/sidewalk
Easy	Soft ground / sand / carriage trails; nearly level
Moderate	Hiking trails; some rocks and hills; climbs and descents totaling up to 1000 feet possible
Strenuous	Challenging terrain; steep hills, rocks, individual climbs and descents totalling more than 1000 feet possible
Extremely Strenuous	Highly difficult terrain; some or all of these features possible or likely: non-technical rock climbing, scrambling, bushwhacking, unbridged stream crossings, frequent individual climbs and descents totaling well over 1000 feet

Code Descriptions are approximate. There can be variations within each terrain category. Contact hike leader for more information.

Length/Mileage

Estimated by hike/event leader