



BUSHWACK BULLETIN

VOLUME 44 - No 1

MARCH--MAY 1998

OUR OBJECTIVES: GROUP HIKING + TRAIL MAINTENANCE + OUTDOOR RECREATION

IMPORTANT NOTICE

DUES ARE DUE AND PAYABLE APRIL 1

HAVE YOUR DUES BEEN PAID? CHECK YOUR LABEL!

If the digits 10498 or 20498 appear above your name, your dues are payable now!

March 1 Sunday	9:00 AM	<u>Middle Creek Wildlife Area</u> C+/Tundra Swans and Snow Geese in abundance. Bring lunch and water. Leader: Jeff Buehler, 657-8281	7 miles [120 miles hwy]
March 4 Wednesday	9:00 AM	<u>Mason Dixon Trail</u> A/Pinchof Park Boat Launch Area #3 to Anderstown Road. Lunch at a local restaurant. Meet at McDonald's/Giant Shopping Center on Rt. 15 (Second traffic light after PA Turnpike) Leader: Thyra Sperry, 258-5261	5.7 miles [20 miles hwy]
March 7 Saturday	10:30 AM	<u>Aerobic Conditioning Hike</u> C+/Fast-paced hike on steep hills over Stony Mountain Bring snacks and water. Pack light. Leader: Gail Guers, 232-0387	7 miles [30 miles hwy]
March 8 Sunday	10:00 AM	<u>Tom's Run</u> C+/Slow to moderate pace. Bring lunch and water. Moderate terrain. Leader: Bob Keyes, 763-7743	8-9 miles [70 miles]
March 14		Registration deadline for March 28th Annual Banquet. See Pages 6 & 7 for details.	

THE BUSHWACK BULLETIN is published quarterly in the months of Feb, May, Aug and Nov, by the Susquehanna Appalachian Trail Club, Inc., P O Box 61001., Harrisburg PA 17106-1001.

APPALACHIAN TRAIL CONFERENCE 2001

In the summer of 2001 the Appalachian Trail Conference will be returning to Pennsylvania. For those of you who have experienced an A.T. conference and for those of you haven't, this will be an exciting and challenging adventure for everyone!

The Susquehanna Appalachian Trail Club (SATC) will host the Appalachian Trail Conference in cooperation with other Pennsylvania A.T. hiking and maintaining clubs. Although it may seem like a long way off in the future, it is time to begin making preliminary plans for the conference. We hope that all of the Pennsylvania A.T. clubs will be represented in the planning and implementation of all aspects of Harrisburg 2001. If you can make a **long term commitment** to participate on the steering committee and/or as a committee chairperson.....or a short term **commitment** for the conference to be held in the summer of 2001,

PLEASE contact

Thyra Sperry at 717-258-5261
or write to E-mail: Hike Thyra @aol.com
or P.O. Box 399
Boiling Springs PA 17007-0399

NEW MEMBERS

Please join us in welcoming these new members:

NAME	ADDRESS	POST OFFICE	PHONE
Jill C. Bashore Christy A Beener Patricia Bennett Linda Brownawell William C Cook			
Genevia B & Matthew W Evans C. Kay Hawk Donald Helin Robert C. Hess Elaine Howe			
Edward V Karmilovich Ann L. Keeley Joyce O'Neal Stephen Guy Peddicord Lydia E. Pope			
James E Roof Maxine Sheinin Linda J. Smith Richard L. Stark Ray Swingholm			

March 15 Sunday	1:00 PM	<u>St. Patrick's Day Hike and Covered Dish</u> B/The luck of the Irish will be with you if you join us for the Second Annual St. Patty's Day Celebration. Wear something green and <i>meet at Bonnie's house (39 W. Maple Ave., Hershey.</i> Bring a covered dish to share and water for hike. We will hike in the Shenk Park area. <i>Directions: From square in Hershey, turn onto Cocoa Avenue (right turn if coming from Harrisburg). Go four blocks and turn right onto Maple (brick house with yellow trim, middle of the block on the right), #39</i> Leader: Bonnie Booth, 533-3566	5 miles [0 miles hwy]
March 18 Wednesday	9:00 AM	<u>Mason Dixon Trail</u> A/Anderstown Road to Big Conowago Road. Lunch at a local restaurant. <i>Meet at McDonald's/Giant Shopping Center on Rt. 15 (Second traffic light after PA Turnpike)</i> Leader: Thyra Sperry, 258-5261	6.3 miles [30 miles hwy]
March 21 Saturday	10:30 AM	<u>Eagles Nest</u> E+/Bring lunch & water. Loop hike at moderate to fast pace. Some bushwhacking and non-bridged stream crossings. Includes the Tom Lowe and Sand Springs Trails Leader: Tom Scully, 671-8241	14 miles [100 miles hwy]
March 22 Sunday	9:00 AM	<u>Appalachian Trail Maintenance</u> Help maintain SATC's section of the AT. Winter blowdowns will be removed, blazes may be painted and more. Bring lunch, water and work gloves if you have them. Morning or full day option. Hiking mileage varies. Leader: Jeff Buehler, 657-8281	 [30 miles hwy]
March 28 Saturday	6:00 PM	<u>SATC Annual Banquet and Election of Officers</u> See Pages 6 & 7 for details.	
March 29 Sunday	9:30 AM	<u>Appalachian Trail -- Route 225 to the Clarks Ferry Bridge</u> C/Bring lunch and water. Moderate pace. Leader: Frank Bohn, 234-5169	8 miles [40 miles hwy]
April 1 Wednesday	9:00 AM	<u>Mason Dixon Trail</u> A/Big Conowago Road to Wago Junction at Susquehanna River. Lunch at a local restaurant. <i>Meet at McDonald's/Giant Shopping Center on Rt. 15 (Second traffic light after PA Turnpike)</i> Leader: Thyra Sperry, 258-5261	6.4 miles [40 miles hwy]
April 3-5 Friday-Sunday		<u>Keystone Trails Association Meeting and Hiking Weekend</u> Contact Clarence Fredlund, 564-1447, for more information about this event in the scenic Wellsboro area of Pennsylvania	
April 4 Saturday	9:00 AM	<u>Meadow Grounds Lake</u> C/Explore a lesser known area. Woods and fields, spring-fed lake, waterfall, interesting geology. Amateur geologist with us. Dinner on route home. Bring lunch, water and sturdy footwear. Leaders: Bonnie Booth, 533-3566 and Anna Pruet, 561-1968	7 miles [160 miles hwy]

April 8 Wednesday	9:00 AM	<u>Tuscarora Tail</u> A/Mountain Green Road to Rt. 641. Walk through Amish farmland on dirt farm roads and paved country roads. Lunch at a local restaurant. <i>Meet at McDonald's/Giant Shopping Center on Rt. 15 (Second traffic light after PA Turnpike)</i> Leader: Thyra Sperry, 258-5261	3.6 miles [120 miles hwy]
April 12 Easter Sunday	1:00 PM	<u>Gifford Pinchot State Park</u> B/Bring snacks and water. Slow to moderate pace. Leader: Bob Keyes, 763-7743	5-6 miles [30 miles hwy]
April 14 Tuesday	6:15 PM 7:30 PM	<u>Board Meeting</u> <u>Program Meeting for all Members and Guests.</u> Come, help plan your favorite hikes for the June-July- August quarter. Meet at the Senior Citizen's Center, 122 Geary St., New Cumberland, PA. <u>Program:</u> Biologist Randy Cassell will present a program on woodland amphibians. He's spent the last several years researching the movements of salamanders in vernal ponds.	
April 15 Wednesday	9:00 AM	<u>Mason Dixon Trail</u> A/Wago Junction at Susquehanna River to River Farm Road. See historic Codorus Furnace, Conrail Stone Arch Bridge and Schull's Rock Overlook. Lunch at a local restaurant. <i>Meet at McDonald's/Giant Shopping Center on Rt. 15 (Second traffic light after PA Turnpike)</i> Leader: Thyra Sperry, 258-5261	5.4 miles [50 miles hwy]
April 17 Friday	9:00 AM	<u>Grantham and Messiah Area</u> B/Meet at Stary Field near covered bridge at Messiah College. Lunch at Messiah College cafeteria. Bring water. Leaders: Louise Sis, 774-0196 and Melanie DeMartyn, 795-8209	6 miles [0 miles hwy]
April 18 and 19 Sat. & Sun.		<u>Weekend Backpack on the Appalachian Trail</u> E+/Overnight hike from Surprise Lake, NJ to Arden Valley, NY. Leave early Saturday morning. Arrange participation with leader by 4/12. Group size limited to 8 hikers. Leader: Tom Scully, 671-8241	19 miles
April 19 Sunday	1:00 PM	<u>Installation of Officers -- Hawk Rock</u> B+ or D+/Bring snacks and water. One steep climb/descent. Optional: One group will continue on for a longer 10 mile hike. Bring flashlights and extra food and water. Leaders: Jane Greber, 766-1913 and Katie Jones, 249-6727	3-4 miles or 10 miles [30 miles hwy]
April 26 Sunday	9:30 AM	<u>Chicken Hike</u> D+/Moderate paced loop hike on Blue Mountain using the AT relocation and unmaintained trail. Trail is rocky and often very wet. Bring lunch, water and money for chicken BBQ. Leader: Jane Keeney, 838-9629	10 miles [75 miles hwy]
May 2 Saturday	9:00 AM	<u>Trough Creek State Park</u> C+/Near Raystown Lake. Very scenic. Bring lunch and water. Leader: Mary Young, 731-9704	8 miles [150 miles hwy]

May 3 Sunday	10:30 AM	<u>Stone Valley Recreation Area</u> D/Bring lunch and water. Loop hike with a wide variety of wildflowers and trail blazing colors. Moderate to fast pace. Ice cream stop after hike. Leader: Tom Scully, 671-8241	12 miles [150 miles hwy]
May 3 Sunday	9:00 AM	<u>Trail Maintenance</u> Help maintain a trail in the State Game Lands. Bring lunch, water and work gloves. Morning or full day option. Hiking mileage varies. Leader: Jeff Buehler, 657-8281	[40 miles hwy]
May 6 Wednesday	9:00 AM	<u>Mason Dixon Trail</u> A/River Farm Road to Acconac Inn. Lunch at Acconac Inn. <i>Meet at McDonald's/Giant Shopping Center on Rt. 15 (Second traffic light after PA Turnpike)</i> Leader: Thyra Sperry, 258-5261	5.6 miles [50 miles hwy]
May 9 Saturday	5:30 PM	<u>Full Moon Anniversary Hike -- Stony Mountain Fire Tower</u> C+/Bring flashlight, water and hors d'oeuvres to share. Plan to stay awhile and watch the moon rise over the fire tower. One long, very strenuous climb. Moderate-fast pace. Leaders: Jane and Randy Greber, 766-1913	9 miles [30 miles hwy]
May 10 Sunday	9:00 AM	<u>East of Jeff's Swamp</u> C+/Moderate pace. Bring lunch and water. Optional dinner stop. Leaders: Susanne Donmoyer, 545-5308 & Ray Swingholm, 867-1638	8 miles [70 miles hwy]
May 13 Wednesday	5:30 PM	<u>After Work Strenuous Hike -- Peter's Mountain</u> C+/Meet at the base of Peter's Mountain at Clark's Ferry Bridge. Moderate to fast pace. One strenuous ascent and descent. Bring snacks, water and flashlight. Leaders: Jane and Randy Greber, 766-1913	7 miles [0 miles hwy]
May 16 Saturday	7:00 AM	<u>Appalachian Trail: Flatbrookville Road to Kittatiny Point</u> E+/Bring lunch, lots of water and energy snacks. Fast-paced (2.5 mph) power hike in NJ. Mandatory dinner stop. Leader: Tom Scully, 671-8241	17 miles [250 miles hwy]
May 17 Sunday	8:30 AM	<u>Tuscarora Tail</u> D+/Stewart Narrows Trail south to Rt. 641. Rocky and rugged terrain. Bring lunch and water. Moderate pace. Leader: Thyra Sperry, 258-5261	11.1 miles [100 miles hwy]
May 18 Monday	6:00 PM	<u>New Cumberland Ice Cream Hike</u> A/Meet at Louise's house at 1481 Simpson Ferry Rd, New Cumberland. Leader: Louise Sis, 774-0196	3 miles [0 miles hwy]
May 20 Wednesday	9:00 AM	<u>Mason Dixon Trail</u> A/Acconac Inn to John Wright Foundry and 1929 Concrete Arch Bridge. Lunch at a local restaurant in Wrightsville. <i>Meet at McDonald's/Giant Shopping Center on Rt. 15 (Second traffic light after PA Turnpike)</i> Leader: Thyra Sperry, 258-5261	5.7 miles [70 miles hwy]

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| May 31
Sunday | 9:00 AM | Tuscarora Tail
C+/Fannetsburg south to Cowan's Gap State Park. Bring lunch and water.
Moderate pace.
Leader: Thyra Sperry, 258-5261 | 6.8 miles
[120 miles hwy] |
| June 3
Wednesday | 5:30 PM | After Work Strenuous Hike -- Water Tank Trail
C+/Meet at Game Lands #211 parking lot in Stony Creek Valley. One very strenuous ascent and descent over rugged terrain. Bring snacks, water and flashlight.
Leaders: Jane and Randy Greber, 766-1913 | 7 miles
[0 miles hwy] |

UNLESS OTHERWISE NOTED, all hikes leave from FISHER PLAZA,
(ENTRANCE TO THE STATE LIBRARY) behind the State Capitol Building.
Should Fisher Plaza be closed, the alternate meeting site will be the parking island in front of the East Gate Office Center on 7th St. opposite the Herr St. underpass will be allowed at the alternate site.

If you ride with someone, you should give the driver 4¢ times the highway mileage shown, to help defray the cost of gas.

NO PETS ALLOWED **CODES FOR THE HIKES ARE SHOWN ON PAGE: 5**

CODES FOR THE HIKES

A - Easy	- Hikes of up to six miles with very little hill climbing [Excellent for beginners]
B - Fairly easy	- Hikes of up to six miles with some climbing. [Good for beginners]
B+ - Moderate	- Hikes of up to six miles with more difficult climbs.
C - Fairly moderate	- Hikes of 7-9 miles with very little climbing.
C+ - Strenuous	- Hikes of 7-9 miles with several significant climbs.
D - More strenuous	- Hikes of 10-12 miles with very little climbing.
D+ - Very strenuous	- Hikes of 10-12 miles with several significant climbs.
E - Difficult	- Hikes of over 12 miles.
E+ - Very difficult	- Hikes of over 12 miles on very rugged terrain.

In addition the leaders should describe the pace and footing, where this is essential, such as: "Easy with moderate or fast pace;" or "Easy with nature stoss;" or "Good footpath;" or "Rocky and rough;" etc.

SMOKING GUIDE LINES

The S.A.T.C. prefers that hikers refrain from the use of tobacco products during club activities.

Smokers are responsible for damage to the forests.

Pack out all waste materials.

BACKWARD GLANCES

CORRECTIONS

1997 UT/MT Wilderness Trip

My apologies to Perry "Mason" Moreau for getting his name wrong in the last Bulletin.

Also to Frank Geiger, for not mentioning his important contribution to the group on our last trip to Utah and Montana. Many a foggy morning, the only way we could stay on the trail was by following Frank's bright red, knee high hiking socks. Like Rudolph's nose, Frank's socks led the way.

Jon Kohn

REPORT OF THE NOMINATIONS COMMITTEE

ELECTION OF OFFICERS

The ANNUAL ELECTION OF OFFICERS is held at the Annual Dinner Meeting. The Annual Dinner Meeting is scheduled for Saturday, March 28, 1988, this year. See announcement in this issue of the BUSHWACK BULLETIN.

The BY-LAWS of the Club provide for the election as follows:

BY-LAW - ELECTION AND QUALIFICATION OF OFFICERS AND DIRECTORS:

- Section 1 **NOMINATIONS:** The President shall appoint a Nominating Committee, which shall be chaired by a non-officer member of the Board of Directors, not later than sixty (60) days before the next succeeding Annual Meeting. The Nominating Committee shall notify all Club Members at least thirty (30) days before the Annual Meeting of the nominating persons. The Nominating Committee is limited to one nomination for each office and non-officer directorship. Additional nominations, which are reserved to the membership at large, may be submitted in writing to the Nominating Committee, until one week prior to the Annual Meeting. No nominations are to be made nor accepted from the floor at the Annual Meeting.
- Section 2 **ELECTION OF OFFICERS AND NON-OFFICER DIRECTORS:** Election shall be at the Annual Meeting. If there are more than one nominee for any office or non-officer directorship, the elections shall be by secret ballot and by plurality vote.
- Section 3 **TERM OF OFFICE:** Officers shall be elected annually, but the President and Vice President shall in no event serve than two consecutive terms in their respective offices. The Secretary and Treasurer may serve successive one year terms without limitation. Non-officer members of the Board of Directors shall be elected to serve a two year term, but they shall in no event serve more than two consecutive elected terms.

In accordance with the Constitution and By-laws of the SUSQUEHANNA APPALACHIAN TRAIL CLUB, the Nominating Committee, appointed by the President, submits the following slate of officers for your consideration for the coming year:

President:	Jane E. Greber
Vice President:	Kathryn H. Jones
Secretary:	Richard A. Martin
Treasurer:	Clarence V. Fredlund

Board Members:	Bonnie Booth
(For 2 Year Term)	Jane M. Keeney

In accord with the By-Laws, any member desiring to submit additional nominations, may do so by submitting the nomination **in writing** to any member of the Nominating Committee, so as to reach the member of the Committee by Saturday, March 21, 1998.

Jane M Keeney, Chair

Palmyra PA 17078-2618

Bonnie Booth
39 W Maple Ave
Hershey PA 17033-1456

Will Webster
4 Jurg Dr
Harrisburg PA 17109-2364

ANNUAL BANQUET & ELECTION OF OFFICERS

WHEN: SATURDAY, MARCH 28, 1998

WHERE: ELIZABETHTOWN COLLEGE

SOCIAL HOUR: 6:00 PM
DINNER 6:30 PM

Send your reservations with a check for \$12.00 per person

Clarence Fredlund
7901 Chambers Hill Rd
Harrisburg PA 17111-5409

DEADLINE: March 14, 1998

PROGRAM: Earl Shaffer, the first man to walk the entire Appalachian Trail and a CoFounder this Club, will recount his experiences on that historic hike of fifty years ago.

Not only was Earl the first man to hike the Trail, but he was also the first to hike it from North to South, and he has walked the entire length three times. Don't miss Earl's account of this historic achievement.

DIRECTIONS TO COLLEGE

FROM HARRISBURG: Use Route 283 E to Jct with Route 743 S into Elizabethtown.

At the first light turn left onto Market St.

Proceed two more lights to College Ave.

Turn left onto College Ave,

Go two blocks to Mt Joy Street, and turn right.

In one block, turn left on Cedar St.

Immediately you will see the Church of the Brethren on your right. Park here, on the Church parking lot, in the white lined area--(the furthest away from the Church.)

The College Dining Hall will be across Orange St. You can see the building from the parking lot. Enter door to the Susquehanna Room.

FROM HERSHEY: Use 743 S to Jct with 283 E into Elizabethtown. Proceed as above.

FROM LANCASTER & COLUMBIA: Find 283 W, and when you come to College Ave, turn right and then proceed as above.

WALKING WITH SPRING

By Earl Shaffer

If you have a copy Earl Shaffer's book, and would like him to autograph your copy, bring it along to the banquet with you.

DEADLINES FOR THE NEXT BUSHWACK BULLETIN

ARTICLES Apr 20, 1998

HIKE SCHEDULE: Apr 27, 1998

Apr 20 is the absolute deadline, beyond which no articles can be accepted. Once the Bulletin is set up, it is too much work to go back, make revisions and have to spend hours redoing the setup.

The next issue of the BUSHWACK BULLETIN is scheduled to arrive about May 28, 1998. Should you fail to receive your copy by May 31. call Clarence Fredlund, 564-1447.

FROM THE PRESIDENT

ON THE TRAIL

We hiked 55 miles of the AT in Maine at the Appa-lachian Trail Conference last August.

The most poignant hike for me was between Rtes 4 and 17. Left behind were the powerful views and rugged challenges of the previous days' hike. In their place was a series of the most beautiful ponds I could imagine.

We came upon the first pond - a small one - about 9:00 am. In one corner a mother moose browsed with her calf. We watched them until they meandered away. Then a bull moose appeared on the other side.

The day was one of bright blue skies; when we reach-ed the second pond the sun was shimmering on its waters. Incredibility, a couple of small boats had been carried in and left on its banks. I jumped in - solo - and paddled around ; diamonds of sunlight dancing in my path.

The next pond was huge. The wind had picked up and noisy waves were lapping at its sandy beach - **yes!** - A sandy beach! Boots off! Wade in!! Some, better informed hikers had brought their suits and went swimming. If you listened hard, the cry of loons could be heard above the noise of the waves.

We trudged past the last pond; the delightful mood of the day had been broken by reality. We had come across Violet, who had fallen on the trail and gashed her head. Dazed and disoriented, she needed our assistance getting out to the road.

It may sound trite to say, but somehow the disappoint-ments and hardships add as much to the AT experience and memories as the joys.

LIBRARY DONATION

At the January meeting the S.A.T.C. board approved a donation of \$100 to the Dauphin County Library System. The donation is in appreciation of their help in producing the Bushwack Bulletin.

ATC OUTREACH PROGRAM

Individual clubs may apply for grants through the Appalachian Trail Conference to partially fund AT related programs for youth groups (particularly youth-at-risk), inner city residents, senior citizens, minorities, people with disabilities, residents of communities along the Trail, etc. Grant applications must be submitted by April 1, 1998. If you're interested in organizing such a group, call me for additional information.

Jane Greber, President

The BULLETIN BOARD

ATTENTION! LADIES

Have you ever wanted to try backpacking, but the horror stories about the blisters, sweat, and tears made you feel like this was a sport for only super strong women?

Well, fear no more! There are several women in this Club who are willing to share their secrets on how to make backpacking fun and exciting.

We will have a show-and-tell meeting first and then hit the trail for an overnight trip to a shelter. We plan on having the meeting sometime in May. Please call for more details

Louise Sis - 774-0196

SWITZERLAND SEPTEMBER 1998

I am planning a trip to Switzerland for the first 3 weeks in September - specific dates still to be determined.

This trip will concentrate on exploring three regions of the country, namely the Bernese Oberland, the Valaise, and the Engadine. We will focus on day hiking from many remote alpine villages, using postal buses and trains to travel between towns. This trip is NOT a tour. Meals, accommodations, and transportation will NOT be pre-arranged. A participant should be an experienced world traveler, comfortable with minimal accommodations (especially hostels with dormitories) and willing to make plans "on the fly."

Each individual will make his/her own travel arrangements to, from and within Switzerland, in conjunction with other members of the trip.

If interested, call me and you will be included in our first planning session,

Jon Kohn 612-9705

WESTERN ADVENTURE SUMMER OF 1998

Next summer we will explore the Sawtooth Mountains of Idaho and the Bob Marshall Wilderness of Montana.

The first part of the trip will be in the Ketchum and Stanley (Redfish Lake) areas of central Idaho. We will day hike into the rugged mountains of the Sawtooth to get into shape for the backpack trip in the Bob Marshall Wilderness.

From Stanley, we will travel to Hungry Horse, MT. and return to the Spotted Bear campground, 50 miles south of the entrance to the Hungry Horse Reservoir. After checking with rangers about snow conditions and grizzlies, we will backpack into the "Bob" for a 40-50 mile trip.

There will also be a backpack trip in Glacier National Park, which is just north of the Bob Marshall Wilderness.

Throughout the trip, we will be camping at US Forest Service and State of Idaho campgrounds, which generally have no modern facilities--pit toilets and cold water. Participants on this trip should be strong day hikers, experienced backpackers, and not too concerned about showering daily (their own or others). The trip is scheduled at the end of July for about two weeks.

The first planning meeting will be held at my house on Tuesday, March 18, 1998 at 7:00 PM. Call me for additional information and directions.

John Kohn, Telephone 717-612-9705