



BUSHWACK BULLETIN

The **BUSHWACK BULLETIN** is published quarterly in the months of February, May, August and November by the Susquehanna Appalachian Trail Club, Inc. (SATC) P.O. Box 61001, Harrisburg, PA 17106-1001.

A HIKING PUBLICATION FOR THE HARRISBURG AREA

Volume 54 – No. 3 Web Site: www.satc-hike.org September 2008 – November 2008
Email: hike-hbg@satc-hike.org

PLEASE WEAR REGULATION FLUORESCENT ORANGE IN DESIGNATED HUNTING AREAS

OUR OBJECTIVES: GROUP HIKING + TRAIL MAINTENANCE + OUTDOOR RECREATION

Hiking and Activities Schedule

PLEASE CALL THE HIKE LEADER IF YOU DESIRE TO MEET AT AN ALTERNATE SITE
ALWAYS BRING WATER AND SNACKS OR LUNCH. WEAR BOOTS UNLESS OTHERWISE NOTED
SEE PAGE 6 FOR GENERAL HIKE INFORMATION AND CODE EXPLANATIONS
PLEASE CHECK OUR WEBSITE FOR UPDATES (CHANGES, ADDITIONS, DELETIONS) TO THIS SCHEDULE

Dates & Times

Codes

Hikes and Activities

August 30

Saturday
7:30 AM

3-C-12.5

80 hwy miles

Training Hike—Hike for Habitat (Tuscarora State Forest)

Top of Conococheague Mountain (2,103 ft) on Rt. 274 to the picnic pavilion at Fowlers Hollow. Mostly downhill with one 500 foot climb. This is the first half of the Hike for Habitat. Call leader for meeting location.

Leader: Karen Balaban, 232-3708 (week days), kmbalaban@balabanllc.com

September 6

Saturday
8:00 AM

3- B,D-24

0 hwy miles

AT and Stony Valley Rail-Trail

Let us mix it up. We will hike about 12 miles on the AT and 12 miles on the rail-trail. It will be a good day of hiking at a Mod-Brisk pace. **MEET ONLY** at the main rail-trail parking lot off Gold Mine Road.

Leader: Jennifer Hollinger, 279-6444, jjhol57@aol.com

September 9

Tuesday
6:00 PM

1-A-2.5

0 hwy miles

Army Heritage Trail

Join our kids exploring the life of a soldier from colonial times to today. Eat before you come, bring motivational snacks and water. **MEET ONLY** at AHEC on Army Heritage Drive, Middlesex Twp. Near Carlisle, between Trindle Rd and Claremont. Click <http://www.Carlisle.army.mil/ahec/HeritageTrail.htm> for directions and information. Leaders: Kelly and Hannah Barker, 249-6727; Laurel Fleszar, 583-2093, hike-hbg@satc-hike.org

September 13

Saturday
7:30 AM

3-E-16.5

80 hwy miles

Training Hike—Hike for Habitat (Tuscarora State Forest)

Hike the four-ridges on the Tuscarora Trail from Cowpens Road to Hemlock Road and back. Call leader for meeting location.

Leader: Karen Balaban, 232-3708 (week days), kmbalaban@balabanllc.com

NEXT BUSHWACK BULLETIN DEADLINE FOR CONTRIBUTIONS: November 7, 2008
SEND CONTRIBUTIONS TO JOHN ZINN, EDITOR, pzinn@comcast.net, 645-8003
NEED A BUSHWACK BULLETIN? CONTACT RICK SIS AT 774-0196. DO NOT CONTACT THE EDITOR.

<u>September 14</u> Sunday 9:00 AM	20 hwy miles	<u>Trail Work Trip</u> Work will be on AT near Rausch Gap. Wear old clothes and boots. Dress appropriately for predicted weather. Tools and safety gear provided. For more details on type of work, contact leader. MEET ONLY at Funcks Family Restaurant rear parking area (Rte 934, exit 85 off I-81). We will drive to nearby Memorial Lake SP and then carpool to trail. No half-day option. Leader: Jeff Buehler, 657-8281, athikerjb@aol.com
<u>September 17</u> Wednesday 10:00 AM	2-B-3 0 hwy miles	<u>Wildwood Lake Loop</u> MEET ONLY at Wildwood Lake Olewine Nature Center parking lot. Sneakers okay. Leader: Susan Donmoyer, 545-5308
<u>September 17</u> Wednesday 6:00 PM	2-B-4.4 4 hwy miles	<u>After Work Cumberland Valley AT Moonrise Hike</u> This is a repeat of the hike on May 28 with a little twist. Hike from Trindle Road to Boiling Springs on a mostly flat stretch of the AT through scenic woods and fields. We will finish after sunset as the moon is rising. Bring a small flashlight. This hike is suitable for beginning hikers and those that would like to try some hiking after dark. MEET ONLY at historical Iron Works parking lot on Bucher Hill Road in Boiling Springs. Leader: Rob Shaw, 350-5120, jake17011@yahoo.com
<u>September 20</u> Saturday 6:30 AM	3-C-26 0 hwy miles	<u>Hike for Habitat Perry County</u> Hike in the Tuscarora State Forest to benefit Habitat for Humanity in Perry County. Some rocky and rough terrain and a few significant climbs on various multi-use state forest trails in western Perry County. This hike is for serious hikers. Registration by September 5 required. 100-hiker limit. See article on page 14 for more information. Contact: Karen Balaban, 232-3708 (week days), kmbalaban@balabanllc.com
<u>September 20</u> Saturday 9:00 AM		<u>CVATC Work Trip</u> MEET ONLY at the Scott Farm on Bernheisel Bridge Road, Carlisle, off Rte 11. Leader: Craig Dunn, 761-7723
<u>September 21</u> Sunday 1:30 PM	2-C-5 20 hwy miles	<u>Rt. 850 Loop Hike</u> Hike AT from Rt. 850 to the Darlington Trail, Miller's Gap Road and back to AT. MEET ONLY at the State Library, Walnut Street and Commonwealth Avenue in Harrisburg. Leader: Susan Donmoyer, 545-5308
<u>September 26, 27 & 28</u>	KTA Fall Weekend	<u>KTA Annual Meeting and Hiking Weekend</u> This year's meeting and hiking weekend will be held from Friday, September 26 th to Sunday, September 28 th at the Pocono Environmental Education Center (PEEC), located in the beautiful Delaware Water Gap National Recreation Area. Hikes, workshops, excursions. See Page 11 for more information.
<u>September 27</u> Saturday 9:00 AM	2-C-9 90 hwy miles	<u>Catoctin Mountain</u> Nice hike with several climbs, optional rock scrambles and good views. MEET at the Sovereign Bank near Boscov's in the Camp Hill Shopping Center. Alternate meeting place is the Catoctin National Park office (not the visitor's center) at 9:45 AM. Leaders: Barb and Sam Harvey, 766-7868
<u>October 1</u> Wednesday 10:00 AM	2-B-5 29 hwy miles	<u>Lebanon Valley Rail Trail—Cornwall</u> This moderate pace 5-mile hike includes the Lebanon Valley Rail Trail to Cornwall (Lebanon County) PA, an optional modern fitness trail, lunch at Cornwall Manor and (if time permits) optional Cornwall Iron Furnace Tour (fee). MEET ONLY at Cocoa Plex parking lot, Hershey, near Giant supermarket. Leader: John Stein, 571-4939, Steinhike@cs.com
<u>October 2</u> Thursday 10:30 AM	2-C-3-4 5-10 hwy miles	<u>Perry County Mystery Ramble</u> MEET ONLY at Dollar Store next to Sheetz on Rte 11/15 south of Duncannon. Optional lunch after hike. Leader: Barbara Van Horn, 834-6458, bvhbarb@pa.net

<u>October 4</u> Saturday 10:00 AM	2-C-12 10 hwy miles	<u>Bath Ruins Hidden Spring Loop Hike</u> This is a joint hike in State Game Lands 211, regardless of weather, with other central PA hiking clubs. 4WD drive is recommended for trail access. Please advise leader on 4WD ASAP. Leader will have one 4WD. Group breakfast is optional at Millers (Rt. 72 between Rt. 22 and Lickdale) at 9:00 AM. This moderate 12-mile hike includes visits to old luxury bath ruins off an old wagon road, a hidden off-trail pristine sand spring, old unmapped trails, Yellow Springs, an AT section and an AT shelter. Hikers who want to do a 5-mile walk can return to the parking area on the service road from Yellow Springs. MEET ONLY at Lickdale Campground (Rt. 72 at I-81 exit #89) north of Lebanon, PA. Leader: John Stein, 571-4939, steinhike@cs.com
<u>October 4</u> Saturday 8:30 AM	2-E-2.5 170 hwy miles	<u>Kids Rock! At The Thousand Steps</u> An extremely rugged but very rewarding exploration of a beautiful corner of PA on the Standing Stone (also Great Eastern) Trail, see http://www.hike-sst.org/highlights.htm and http://www.pahikes.com/trails/standingstone02asp . Very close supervision of participants (at least one adult per kid) and full range mobility required to climb and to descend over 1,000 steps. Unaccompanied, patient, big people are welcome too. Bring lunch, snacks, Turnpike toll (\$2.75 per car each way unless it goes up by then) and twice as much water as you think. Optional ice cream stop after hike. MEET at the Camp Hill Mall Sovereign Bank. Alternate meeting point: US 22 trailhead 1.9 miles west of US 22 and Rt. 522 junction in Mount Union at 10:00 AM. Laurel Fleszar, 583-2093, hike-hbg@satc-hike.org; Kelly & Hannah Barker, 249-6727
<u>October 5</u> Sunday 11:00 AM	2-C-5 10 hwy miles	<u>Victoria/Whitetail Trail Loop</u> Hike over ridge to Ibberson Conservation Area and back. MEET ONLY at parking area at intersection of Rts. 225 and 325 East, north of Dauphin. Leader: Tara Shade, 319-6975, tjshade23@yahoo.com
<u>October 5</u> Sunday 9:00 AM	20 hwy miles	<u>Trail Work Trip</u> Work will be on AT near Rausch Gap. Wear old clothes and boots. Dress appropriately for predicted weather. Tools and safety gear provided. For more details on type of work, contact leader. MEET ONLY at Funcks Family Restaurant rear parking area (Rt. 934, exit 85 off I-81). We will drive to nearby Memorial Lake SP and then carpool to trail. No half-day option. Leader: Jeff Buehler, 657-8281, athikerjb@aol.com
<u>October 7</u> Tuesday 6:30 PM	Board Meeting	<u>SATC Fall Board of Directors Meeting</u> All members are welcome. Location: Giant Community Center, 3301 Trindle Road, Camp Hill, 2 nd Floor. See Club Notices on page 15 for additional details. Contact: Karen Balaban, 232-3708 (week days), kmbalaban@balabanllc.com
<u>October 8</u> Wednesday 9:00 AM	2-C-5 118 hwy miles	<u>Neversink Mountain Trails, Reading</u> Beautiful view across valley to Pagoda and downtown Reading, PA. Optional meal at Reading nearby location after hike. Contact leader for meeting location. Leader: John Stein, 571-4939, steinhike@cs.com
<u>October 9 thru 13</u> Thursday thru Monday	Columbus Day Weekend	<u>Hike and Tour Lewes, First Town in Delaware</u> There is so much to do. Therefore, you choose what to do! Hiking/biking trails (Cape Henlopen State Park, the Breakwater Trail and Prime Hook National Refuge). Outlet shopping, restaurants, Cape May – Lewes Ferry, and “Treasures of the China Shipwreck” and of course the BEACH! Condominium style accommodations at the Village of Five Points are available to the first ten people. \$20 deposit is required. For more information, call Sharon Shellenberger at 249-6575.
<u>October 12</u> Sunday 9:30 AM	3-C-5 0 hwy miles	<u>Clarks Ferry Loop</u> AT/Blue Trail loop hike from river to top of Peter's mountain. 1000 foot climb. MEET ONLY at Clarks Ferry Bridge parking area. Leaders: Lee Casher, 433-2296, Carolyn Jones, 972-1044
<u>October 15</u> Wednesday 6:00 PM	1-B-2 0 hwy miles	<u>Scarecrow Swat</u> Look at the Scarecrows on the Square, vote for your favorite, and walk the “United Water Trail.” Eat before you come, bring motivational snacks and water. MEET ONLY at Hummelstown Boro trailhead, N. Duke Street and Swatara Creek. Leaders: Laurel Fleszar, 583-2093, hike-hbg@satc-hike.org; Kelly & Hannah Barker, 249-6727

<u>October 18</u> Saturday 7:00 AM	2-B-16 or 32 0 hwy miles	<u>Conewago and Lebanon Rail-Trail (16-32 mile option)</u> You have two wonderful options to consider for a great fall hike. The hike is on the rail-trail, which remains flat with a slight ascent or decent. You can go from Rt. 230 in Elizabethtown to Cornwall 16 miles or do a round trip of 32 miles. You do not want to hike that far. Come on out and join the fun on your bike, it is a great rail-trail, you could also hike half and bike half. Please call or email hike leader for meeting place and further details. Leader: Jennifer Hollinger, 279-6444, jjhol57@aol.com
<u>October 18</u> Saturday 9:00 AM		<u>CVATC Work Trip</u> MEET ONLY at the Scott Farm on Bernheisel Bridge Road, Carlisle, off Rt. 11. Leader: Craig Dunn, 761-7723
<u>October 19</u> Sunday 9:00 AM	20 hwy miles	<u>Trail Work Trip</u> Work will be on AT near Rausch Gap. Wear old clothes and boots. Dress appropriately for predicted weather. Tools and safety gear provided. For more details on type of work, contact leader. MEET ONLY at Funcks Family Restaurant rear parking area (Rt. 934, exit 85 off I-81). We will drive to nearby Memorial Lake SP and then carpool to trail. No half-day option. Leader: Jeff Buehler, 657-8281, athikerjb@aol.com
<u>October 19</u> Sunday 1:00 PM	2-C-6 50 hwy miles	<u>AT Route 850 to Scott Farm</u> Appalachian Trail from Route 850 to the Scott Farm. Two climbs and one steep descent; trail is rocky at some spots. MEET ONLY at the State Library, Walnut Street and Commonwealth Avenue in Harrisburg. Leader: Frank Bohn, 234-5169.
<u>October 21</u> Tuesday 8:30 AM	2-C-8.5-10 100 hwy miles	<u>Fall AT Hike—Arendtsville-Shippensburg Rd. to Pine Grove Furnace SP</u> Enjoy the colors of fall through this wooded section of the AT. Some climbs. We will take a side trail to explore remnants of Camp Michaux. MEET ONLY at Gateway Square Shopping Center parking lot near Outback Steakhouse off the Carlisle Pike, Mechanicsburg. Rain Date: 10/22/08. Leader: Lorrie Preston, 732-5615, mitandpak@aol.com
<u>October 23</u> Thursday 6:30 PM	Members and Guests' Meeting	<u>SATC Fall Members and Guests Meeting</u> Following a ½ hour social time with refreshments, we will review Club activities and schedule hikes for the upcoming quarter. Bring hike schedules. See Club Notices on page 15 for additional details. Contact: Bob Doren, 763-0667, cibob@aol.com
<u>October 25</u> Saturday 8:30 AM	2-B-7 16 hwy miles	<u>Route 944 Underpass Hike</u> Join us for one of the first group hikes using the brand new underpass at the Route 944 (Wertsville Road) AT trailhead. MEET at the Camp Hill Mall Sovereign Bank. Alternate meeting place: Scott Farm Work Center, Bernheisel Bridge Road, Carlisle, at 9:00 AM. Leader: Jim Foster, 649-5505, jimhfoster@yahoo.com
<u>October 26</u> Sunday 8:00 AM	3-D-9.9 140 hwy miles	<u>Tuscarora Trail, PA 16 to Cowans Gap (Franklin/Fulton Counties)</u> Follow a recently relocated and improved section of the Tuscarora (also Great Eastern) trail past a hang glider launch site and over the highest point in two counties. Leader: Peter Fleszar, 583-2093, hike-hbg@satc-hike.org
<u>October 29</u> Wednesday 10:00 AM	2-C-7 0 hwy miles	<u>AT/Dead Woman's Hollow Road and Trail and Blueberry Trail</u> Moderate hike with one major climb up to rocks. MEET ONLY at AT parking lot on Big Flat, Shippensburg-Arendtsville Road. Leaders: Tom and Jennifer Wright, 532-7326, tjwright@embarqmail.com
<u>October 31</u> Friday 6:00 PM	2-B-7 0 hwy miles	<u>Stony Valley Spook Hike</u> This fourth annual story telling hike starts at the Gold Mine Road parking lot and will take the hiker to the former Rausch Gap Cemetery via the old Schuylkill & Susquehanna Railroad. At the cemetery, the group will hear ghost stories for approximately an hour about the old railroad and surrounds. The hikers will return to the cars following the same path. Make sure to bring a flashlight and snack for the cemetery. MEET ONLY at Gold Mine Road parking lot. Leader: Brandy Watts, 865-5522, Stony_Valley_History@Comcast.net

<u>November 1</u> Saturday 8:00 AM	3-C-9-11 100 hwy miles	<u>French Creek State Park</u> We will spend a day hiking various trails in the French Creek State Park. MEET ONLY at the parking lot off the turnpike for Lebanon/Lancaster exchange. Leader: Jennifer Hollinger, 279-6444, jjhol57@aol.com
<u>November 2</u> Sunday 9:00 AM	20 hwy miles	<u>Trail Work Trip</u> Work will be on AT near Rausch Gap. Wear old clothes and boots. Dress appropriately for predicted weather. Tools and safety gear provided. For more details on type of work, contact leader. MEET ONLY at Funcks Family Restaurant rear parking area (Rte 934, exit 85 off I-81). We will drive to nearby Memorial Lake SP and then carpool to trail. No half-day option. Leader: Jeff Buehler, 657-8281, athikerjb@aol.com
<u>November 2</u> Sunday 10:00 AM	2-C-7 50 hwy miles	<u>King's Gap Environmental Center Hike</u> Circle hike starting at bottom of mountain passing the mansion and continuing on various trails in the Center. MEET at Sovereign Bank (near Boscov's) in the Camp Hill Mall, Rt. 15. Alternate meeting place: Plantation parking area near the King's Gap entrance at 10:45. Leaders: John & Pat Zinn, 697-0648, pzinn@Comcast.net
<u>November 5</u> Wednesday 10:00 AM	2-C-9 0 hwy miles	<u>AT, Rocky Knob and Birch Run Trails</u> Dogs welcome. Moderate loop hike with some climbs on the AT, Rocky Knob, Birch Run and Fegley/Gilbert Road. MEET ONLY at AT parking lot on Big Flat, Shippensburg-Arendtsville Road. Leaders: Tom and Jennifer Wright, 532-7326, tjwright@embarqmail.com
<u>November 6</u> Thursday 10:30 AM	2-C-3-4 5-10 hwy miles	<u>Perry County Mystery Ramble</u> MEET ONLY at Dollar Store next to Sheetz on Rte 11/15 south of Duncannon. Optional lunch after hike. Leader: Barbara Van Horn, 834-6458, bvhbarb@pa.net
<u>November 7-9</u> Fri-Sun	3-D-various	<u>AT—Northern Virginia Section Hike</u> Over the span of the weekend hike the 34 miles from Snickers Gap to Chester Gap. Two overnights. Limited to 8 persons. Must register by 5:00 p.m. Thursday, October 30. Leader: Karen Balaban, 232-3708 (week days), kmbalaban@balabanllc.com
<u>November 8</u> Saturday 9:00 AM	3-C-8.2 20 hwy miles	<u>AT—Duncannon to Route 850</u> One substantial climb to Hawk Rock for the first mile, then ridge hike along Appalachian Trail to PA Route 850. MEET ONLY at AT parking lot on Route 850. Leaders: Laura Rhoads, 566-4313, lrhoadszoom@ad.com, Pat Zinn, 697-0648, pzinn@Comcast.net
<u>November 9</u> Sunday 9:30 AM	2-C-8 4 highway miles	<u>Haldeman Tract in Weiser State Forest</u> Dogs welcome. Catch the last colors of fall hiking on a network of trails through the Lykens watershed. MEET ONLY at Don's Food Rite parking lot, 627 Main Street, Lykens (Route 209 in center of Lykens). Leader: Margaret Fuoco, (610) 779-8393, margaretfuoco@verizon.net, cell (morning of hike) (610) 603-6401
<u>November 16</u> Sunday 9:00 AM	20 hwy miles	<u>Trail Work Trip</u> Work will be on AT near Rausch Gap. Wear old clothes and boots. Dress appropriately for predicted weather. Tools and safety gear provided. For more details on type of work, contact leader. MEET ONLY at Funcks Family Restaurant rear parking area (Rte 934, exit 85 off I-81). We will drive to nearby Memorial Lake SP and then carpool to trail. No half-day option. Leader: Jeff Buehler, 657-8281, athikerjb@aol.com
<u>November 18</u> Tuesday 9:00 AM	2-B-4.5 90 hwy miles	<u>Ned Smith Center w/Rail Trail and Berry's Mountain Trail Hike</u> Hike Berry's Mountain Trail and the Rail Trail and visit the Ned Smith Center for Nature and the Arts to see the exhibit "Ned Smith: Hidden Stories." Dozens of never-before exhibited paintings, drawings and sketches by Ned Smith. Bring \$ for admission and holiday gifts for nature lovers. Optional lunch after at the Wooden Nickel in Millersburg. Rain date: 11/19/08. MEET ONLY at the barn at Fort Hunter. Leader: Lorrie Preston, 732-5615, mitandpak@aol.com

November 23
Sunday
9:30 AM

2-C-7
70 hwy miles

Goldmine Area Loop Hike

Hike trails in the Goldmine historic area. **MEET ONLY** at the State Library, Walnut Street and Commonwealth Avenue in Harrisburg.
Leader: Susan Donmoyer, 545-5308

December 6
Saturday
5:30 PM

**SATC Annual
Holiday Party**

Annual SATC Holiday Party

Hike from your table to the potluck buffet line. Additional details will be provided in the next Bushwack Bulletin.

GENERAL HIKE INFORMATION

1. TRANSPORTATION The hike leader may determine the amount required to reimburse drivers for rides between the meeting places and trail head. If you ride with someone, please reimburse the driver the amount specified. If the hike leader does not determine this amount, please give the driver **10 cents** times the highway mileage shown in the code column of the Hiking and Activities Schedule.

2. REGISTRATION All hikers are asked to register (sign in) with the hike leader at the meeting place or at the trailhead before starting any scheduled hike. Some hikes require advance registration with the hike leader. Please check the schedule for this requirement.

3. DOGS PERMITTED ONLY IF NOTED IN THE HIKING AND ACTIVITIES SCHEDULE

4. PACK IN, PACK OUT (LEAVE NOTHING BEHIND)

5. SMOKING GUIDELINES SATC prefers that hikers refrain from the use of tobacco products during Club activities. Smokers are individually responsible for damage to the forests.



CODES FOR THE HIKES

The first number shows the hikers' expected PACE

- 1 – Leisurely: nature or historical walk; frequent stops for observation
- 2 – Moderate: steady, 1 to 2 miles per hour (mph)
- 3 – Brisk: steady, 2 to 3 mph
- 4 – Fast: 3 to 4 mph; very short breaks; an anaerobic workout

The letter (second code) explains the general TERRAIN

- A – Solid pavement/sidewalk
- B – Soft ground/sand/carriage trails; nearly level; few rocks or obstructions (roots)
- C – Some rocks/roots/obstructions; climbs and descents totaling up to 1000 feet possible
- D – Steep hills, rocks/roots/obstructions likely; frequent climbs and descents with a total of more than 1000 feet
- E – Extremely difficult; some or all of these features possible or likely: rough footing (rocks, roots); unbridged stream crossings; non-technical rock climbing/scrambling; boulder fields; bushwhacking; climbs and descents over 1000 feet.

The second number (third code) shows the HIKING MILES.

Highway (hwy) miles are the number of roundtrip driving miles from the meeting place to and from the hiking area including spotting cars.

Hike/Work Trip Leaders

Need signup sheets/Hike Scheduling Forms. Print one off the Club web site. First click Group Hiking on the home page, then click hike leader, then click signup sheet or Hike Scheduling Form. Please completely fill out a Hike Scheduling Form when submitting hikes. This will help insure that all the necessary information for the hike will accurately be placed in the Bulletin.

FROM THE PRESIDENT

Greetings,

The summer months have been busy ones for SATC. Volunteers are the key to the vibrancy of the programs offered or hosted by SATC and so many of you have been very generous with your time. Please take time to review with me some of the recent activities.

During **Pennsylvania Hiking Week**, SATC offered nine hikes, one a day from May 24th to June 1st. The variety provided a diverse outdoor venue suitable for everyone's fitness/challenge level.

June was busy with **National Trails Day** celebrated on June 7th with the dedication of the one-mile relocation of the AT on the north side of Stony Mountain. Light refreshments were available and two-hikes were held. Imagine the pleasant surprise of a through-hiker who was treated to an ice cream bar on a sweltering day.

Never to be considered as pupils of boredom, on June 14th our club members lead twenty-six 4th grade students, parents, and other participants to the summit of Hawk Rock so they could experience the Appalachian Trail as one of four major **Perry County Passport** events. SATC also presented safety tips, "Leave No Trace", basic compass and map reading, and general information about the Appalachian Trail. The enthusiasm expressed by these students' provided ample gratification for all of us.

Our **AT New Jersey section hike series** was completed on June 22nd. It certainly takes perseverance, dedication, and that special hiker's karma that so many SATC members have in common. Congratulations – you have raised the bar.

For the second year in a row, the **SATC Picnic** was held on a weekday. Fort Hunter Park was a great location with tubing and hiking preceding the sumptuous sampling of salads, pasta, fruit, and desserts supplied by many of the 91 attendees. The club's signature barbeque merited a major thumbs-up. During a short business session, members who completed the AT in MD-WV and in NJ were presented with beautiful certificates acknowledging their achievements.

The summer schedule always seems to provide unique **outdoor opportunities**. We had full-moon and after-work hikes, trail work trips, Kids Rock, ice cream rambles, and even water events: tubing, kayaking, canoeing, and sailing. Wow! What a great club we have – but as one of our loyal members, you already knew that.

On July 12th, SATC members adopted the **Amended and Restated Articles of Incorporation** that was published in the last edition of the newsletter. Some of the changes were required by the IRS to obtain 501(c)(3) status as a charity. The new Articles have been filed in the Pa Corporation Bureau and forwarded onto the IRS. We anticipate receiving word any day now from the IRS on whether SATC will be recognized as a charity.

If you have any questions or suggestions, please feel free to contact me at KMBalaban@BalabanLLC.com or 717.232.37080 (weekdays only). I look forward to seeing you at the next membership meeting on October 23rd.

Karen

A Part of History – the Earl Shaffer Shelter

On Saturday, August 2nd, members of the hiking community witnessed the ceremony commemorating the 60th Anniversary of Earl Shaffer's first of three AT thru-hikes. Earl also honors SATC by having been one of our founding members in 1954. The 40-minute program was opened by Larry Luxenberg, President of the Appalachian Trail Museum Society (<http://www.atmuseum.org>). Larry also spearheaded the behemoth effort of dismantling and removing the last shelter built by Earl Shaffer that is still intact and in use. The shelter, one of the oldest and smallest on the AT, was located on Peter's Mountain about 60 yards north of the SATC maintained Peters Mountain Shelter. Bruce Dunlavy was instrumental in tracking the parts and doing a large part of the disassembly. He was assisted by Jeff Buehler, SATC Trail Master, who also organized 20 SATC members who joined 18 others in hiking 3-miles into the shelter and carrying out 55 logs, metal sheet roofing, rubber roofing material, mortar pieces, and trash on the 3-mile return. Some made multiple trips.

It was a long and hot day for many of us who also unloaded the shelter components at the Scott Farm where it is being stored until the AT Museum opens in the 150-year-old mill building near the general store in Pine Grove Furnace State Park, close to the geographical midway point of the AT. Also represented at the day's event was the Blue Mountain Eagle Climbing Club, PATC, ATC, the Earl Shaffer Foundation, KTA, MCM, ALDHA, and AMCDV. Many thanks for the assistance provided by all involved. A list of SATC volunteers is provided in the Thanks section. To share the photo memories of that day visit <http://ShafferShelter.cduane.net>.

The museum society will also be honoring Earl in a symposium at The Gathering at Concord College, Athens, WVA on Columbus Day Weekend. The program will feature a presentation by Earl's brother, John, and his 1998 hiking partner, David Donaldson.

Not only was Earl, who passed away in 2002, a three-time thru-hiker, but he also served as corresponding secretary of the Appalachian Trail Conference, a founder of SATC and KTA, and relocated a large stretch of the AT on both sides of the Susquehanna River as well as building many trail shelters. As a man of varied interest, Earl also wrote many poems, songs and essays as well as "Walking with Spring," the lyrical account of his 1948 hike.

Our former Secretary, Dick Martin, had the following thoughts on Earl's life:

Many people admired Earl for his first solo thru-hike of the Appalachian Trail; I admired him more for what he gave back to the trail, including scouting the 70 mile relocation from Blue Mountain, through Duncannon, to Swatara Gap. But when I asked Earl what did he consider his greatest contribution, he quietly said "My service to my country in WWII".

That put everything in perspective.

The Smithsonian Institution holds some of Earl Shaffer's artifacts and is scheduled to feature them in a 2009 exhibit. Stay tuned for an SATC road trip to Washington, DC.

The AT Museum Society is seeking information on the date that the Earl Shaffer Shelter was constructed, manner of construction and any anecdotes related to the shelter's construction and/or use. Please send to charlie@cduane.net.

Check out trail angel Mary Parry's really cool video of the shelter dismantling on You Tube:

<http://www.youtube.com/watch?v=czTa5fh7cHw>

Charlie Duane, who provided the pictures below, has many more at: <http://ShafferShelter.cduane.net>



Larry Luxemburg handles a few sticks



Carrying it out



There goes the roof



A Big Thank You to every one in the SATC for showing concern (phone calls, flowers, candy, cards and visits) for me during my recent hospitalization. Your thoughtfulness means very much to me and shows that it is very much worth being part of this Club – Sharon Shellenberger

To Tara Shade for becoming our Shikellimy Trail maintainer and to Marty Gromulat for his dedication in maintaining this section until he moved out of the area.

To Nancy Stawitz for becoming a life member of our Club.

To our members who assisted with the removal of the Earl Shaffer Shelter: Daryl Christopher, Erich Shellenberger, Karen Peiffer, Jack Ritter, Soon Kim, Mike Nageotte, Marty Gruver, Karen Balaban, Rita Floriani, Pete Fleszar, Bob Doren, Rob Shaw, Sal Fulginiti, Susanne Donmoyer, Barbara Rosenstrauch, Gary LaBelle, Jeff Buehler, Phil Day, Perry Ligon, Craig Zindler and Lee Casher.

To our AT Relocation work crew volunteers: Tom Scully (trail designer and work crew leader), Gail Brossman, Jeff Buehler (work crew leader), Tim Bachmann, Jack Bushey, Lee Casher, Harold Croxton, Bob Doren, Sean Gimble, Marty Gromulat, Deb Hodges, Jennifer Hollinger, Carolyn Jones, Gary LaBelle, Perry Ligon, Nathan Ligon, Laurie McDonald, Joy Myers, Keith Renno, Rebecca Richardson, Lisa Seiders, Bill Slabonik, Daryl Stahl, Jason Tonkovic, Park Trullinger, Neal Watson, Jeff Willard, Lisa Williamson, Pat Yale, John Zaia.

To our trail maintainers: Tim Bachmann, Jack Bushey, Peter Fleszar, Barb & Sam Harvey, Dave Hrobuchak, Gary LaBelle, John Lenahan, Perry Ligon, Pat Markovic, Charles Paul, Tara Shade, Park Trullinger, Neal Watson, Will & Jane Webster, Jeff Willard, Pat Yale, John and Pat Zinn, and our Trailmaster, Jeff Buehler.

To our May, June and July Trail Work Crew Volunteers: Jeff Buehler, Tom Scully, Gary LaBelle, Park Trullinger, Barb Harvey, Sam Harvey, Tim Bachmann, Leo Boyer, Adam Voned (guest), Craig Evans, Gail Brossman, Perry Ligon, Nathan Ligon (son), Jeff Willard, Lisa Williamson, Sean Gimble, Susanne Donmoyer, Carl Donmoyer, Karen Peiffer.

To our June, July and August hike leaders: Karen Balaban, Kelly & Hannah Barker, Frank Bohn, Gail Brossman, Janeen Christ, Susanne Donmoyer, Bob Doren, Laurel Fleszar, Peter Fleszar, Jim Foster, Barb and Sam Harvey, Jennifer Hollinger, Rob Shaw, Sharon Shellenberger, Barbara Van Horn, Jennifer & Tom Wright, and John & Pat Zinn.

And **thanks** to all of the officers and board members, members serving on committees and members who have been performing regular duties and special projects.

Thank you! Thank you!! Thank you!!!

If you tell enough people what you're doing, you'll find someone who will want to help. –Michelle Sturm, Programs Coordinator, Volunteers for Outdoor Colorado, 1990

Pennsylvania Hiking Week – *hike leaders* Melanie Wertz, Sam and Barb Harvey, Karen Balaban, John O'Day, Rob Shaw, Lee Casher, Carolyn Jones, Pat and John Zinn, Jim Foster, Laurel Fleszar, Kelly & Hannah Barker and our canoe/kayak trip leader Sharon Shellenberger.

National Trails Day – *hike leaders* Gary LaBelle and Jeff Buehler; *refreshments* Bob Doren and Janeen Christ; *publicity* – Gail Brossman; *books and maps* – Thyra Sperry;

Perry County Passport - Gail Brossman, Sally Brossman, Jim Foster, Barb Harvey, Gary LaBelle, Tara Shade, Rob Shaw, and Karen Balaban

SATC Picnic – *Maitre d* Bob Doren; *publicity flyer* Jennifer Wright; *AT certificates* Eleanor Wagner and Tom & Jennifer Wright; *barbeque* Barb Harvey and Jennifer Wright; *picnic supplies* Janeen Christ; *hike leader*, Susanne Donmoyer; *tubing trip leaders*, John and Pat Zinn.

Congratulations to those who completed AT Section Hikes!

How can you explain that you need to know that the trees are still there, and the hills and the sky? Anyone knows they are. How can you say it is time your pulse responded to another rhythm, the rhythm of the day and the season instead of the hour and the minute? No, you cannot explain. So you walk [hike]. ~Author unknown, from New York Times editorial, "The Walk," 25 October 1967

AT Maryland/West Virginia Section hikers (Fall 2007)

"Mapman" Mike Barlup	"Hickory Stick" Carol Brandt
"My Sweet Lady" Cathy Hing	"Pacemaker" Don Muth
"Shutterbug" Lorrie Preston	"Sarge" Bob Preston
Laura Rhoads	Jeff Willard (Beach Bum?)
"View Finder" Eleanor Wagner	Karen Balaban
Rob Shaw	"Bushwhacker" John Zinn
"Big Dogs" Pat Zinn	"Peanut Butter" Sharon Shellenberger
"Berry Break" Bob Doren	"Wanderwoman" Jennifer Wright
Frank Bohn – MD	Tom Wright
"Fast Forward" Gail Brossman - MD	Karen McCollom

AT New Jersey Section hikers (Spring 2008)

"Mapman" Mike Barlup	"Hickory Stick" Carol Brandt
"My Sweet Lady" Cathy Hing	"Pacemaker" Don Muth
"Shutterbug" Lorrie Preston	"Sarge" Bob Preston
Jeff Willard (Beach Bum?)	"View Finder" Eleanor Wagner
Karen Balaban	Rob Shaw
"Bushwhacker: John Zinn	Nancy Stawitz
"Berry Break" Bob Doren	"Gettyjan" Jan Smith
"Fast Forward" Gail Brossman	"swaggie" Malcolm Cannon
"Gettypete" Pete Smith	
"Peanut Butter" Sharon Shellenberger	

AT New York Section hikers (Summer 2008)

"Pacemaker" Don Muth, "View Finder" Eleanor Wagner, "Wanderwoman" Jennifer Wright

To Rick Martin who completed Pennsylvania this month.

Special congratulations to Jack Ritter and Phil Day who completed section hiking the entire AT (See Snippets).

Finally, **big thanks** to Lorrie Preston for tracking the progress of AT hikers and making the above list possible.

NEW MEMBERS Compiled by Ilse Heine of the SATC

Please join us in welcoming these 12 new members

Vonnie Davis	Manchester	Devon Reeser	Collegeville
Ann Echard	Gardners	Marcel Roach	Harrisburg
Robert Garman	Harrisburg	Debbie Runyan	Carlisle
Benjamin Lochie	Scranton	Nancy Stawitz	New Cumberland
Rick Martin	Mechanicsburg	Greg Stahl	
Mike & Shannon Mulligan	Carlisle		

Hike and Tour Historic Lewes, the First Town in Delaware

Columbus Day Weekend (Thursday, October 9 to Monday, October 13)

There is so much to do. Therefore, you choose what to do! Hiking/biking trails (Cape Henlopen State Park, the Breakwater Trail and Prime Hook National Refuge). Outlet shopping, restaurants, Cape May – Lewes Ferry, and "Treasures of the China Shipwreck" and of course the BEACH!

Condominium style accommodations at the Village of Five Points are available to the first ten people. \$20 deposit is required. For more information, call Sharon Shellenberger at 249-6575.



Jim Foster talks to kids and parents during Perry County Passport Hike on June 14

Fall KTA Weekend

This year's meeting and hiking weekend will be held from Friday, September 26th to Sunday, September 28th at the Pocono Environmental Education Center (PEEC), located in the beautiful Delaware Water Gap National Recreation Area.

PEEC's 38-acre campus is located in close proximity to a quarter of a million acres of public lands, including the National Recreation Area and numerous state parks, forests, and game lands. There are also 12 miles of hiking trails that start directly from PEEC's campus.

The weekend event will offer a world of opportunities to explore the wild and scenic Delaware River, rushing waterfalls and streams, shady hemlock gorges, lowland and upland forests, fossils that are 400 million-years-old and the unique flora and fauna of boreal bogs.

Many thanks to the Pocono Outdoor Club (POC) for organizing the weekend hiking schedule and providing hike leaders. Guided hikes will be available on Friday, Saturday and Sunday that will take hikers to some of the most scenic portions of the Delaware Water Gap.

John Motz of POC will also be leading a canoe trip down the Delaware River on Friday afternoon at 1:00 PM, with an optional dinner stop at the historic Minisink Hotel.

Additionally, the PEEC staff will offer their special programming, including bird watching, orienteering, canoeing, and night hiking. Please sign up for these programs on your registration form. Space is limited, so it is important to register early!

We will end each evening by the campfire. Bring some marshmallows to roast, a guitar to play and a story or two to share with fellow hikers.

Please consider making carpool arrangements to attend the weekend event. We also hope that you will consider staying on the PEEC campus for the duration of the weekend. Event attendees are encouraged to park their cars for the whole weekend, with the exception of hikers driving to trailheads.

Mark your calendars for September 26th to the 28th, and join us at the Pocono Environmental Education Center! **The event registration deadline is September 8th. No refunds will be issued after September 12th.**

Lodging, meals and pricing information is available by downloading the [registration form on the KTA website: www.kta-hike.org](#). Any questions, please contact Becky Schreiber, Program Administrator at ktaadmin@verizon.net or 717.238.7017.

AT Hiking

Our AT hikes series in Pennsylvania, Maryland West Virginia and New Jersey is complete. This fall, between November 7th and 9th, Karen Balaban will lead AT hikes totaling 34 miles from Snickers Gap to Chester Gap in Northern Virginia. For more details, please see our Hiking and Activities Schedule.

The 27th Annual Gathering

The Appalachian Long Distance Hiking Association (ALDHA) will kick off its 27th annual Gathering on Columbus Day weekend, Oct. 10-12, 2008, at Concord University in Athens, WVA. The Gathering is a meeting place for long distance hiking friends including those who section-hike long trails. The Gathering includes seminars, workshops, storytellers, a hiking fair, possible hikes and a large contra dance on Saturday night. A trail work trip is usually scheduled at the end of the event. Jim Foster, Sharon Shellenberger and Lorrie Preston attended last year and had a great time. A specific calendar of events will be posted in the future at www.aldha.org.

AT Presentation at Boiling Springs ATC Office Scheduled

On September 17, 2008 at 10 a.m., Bob Sickley, Associate Regional Representative of the Appalachian Trail Conservancy, and Jim Foster, SATC member, will make a presentation on the AT at the ATC's Regional office in Boiling Springs. The presentation is part of Messiah Village's Pathways Institute continuing education series. Reservations are required and seating is limited. For more information contact Susan Stauffer of Messiah Village at 717-795-5576 or pathwaysinstitute@messiahvillage.org

Tunnel Construction under Rt. 944 has begun



A major construction project to improve the safety of the AT crossing at Pennsylvania Rt. 944 (Wertzville Rd) began around Monday, July 28, 2008 and will continue through October. After the project is completed, the AT will pass under Rt. 944. The AT will remain open during the construction process but hikers should stay alert to construction equipment, etc. and STAY WITHIN THE SAFETY FENCES provided by the contractor. The contractor diverted the trail just east of where it used to cross Rt. 944 and erected orange plastic fencing to mark the temporary trail.

If you have questions, contact either the Appalachian Trail Conservancy Mid-Atlantic Regional Office at 717.258.5771 or Cumberland Valley Appalachian Trail Club at <http://www.geocities.com/cvatclub/> or cvatclub@gmail.com Jim Foster and Frank Bohn each scheduled October hikes that will utilize the new tunnel. See the Hiking and Activities Schedule.

Bridge replaced at Rausch Gap

In late June, The Game Commission installed a 50-foot long temporary steel bridge that weighs 37,000 pounds over Rausch Creek in northern Lebanon County to ease the way across the creek for those using the Stony Valley Rail Trail and Appalachian Trail. The Commission, using a six-inch high platform, installed the temporary bridge directly above the old, damaged bridge. The deck of the temporary bridge is about four feet above the rail trail. Ramps to the deck were constructed in July. Also, the surface was graded in July. The temporary bridge is now open to foot and bicycle traffic.

Hike Make-Up List for AT Section Hikers and Others

A list of names has been organized for AT section hikers and others. Its purpose is to help you find hiking partners that can join you in making up a specific section of the AT at your convenience. It is NOT being sponsored or organized by the SATC and is for networking only, within our group of hikers.

When you are arranging to make up an AT section or set up a hike of your own, you can either send out a blanket e-mail to everyone on the list and see who responds, or you can contact just specific people on the list. Arrangements and responsibilities from that point are up to the individual hikers.

If you would like to receive e-mails from hikers looking for hiking buddies or if you need to make up some hikes and are looking for partners to join you, please send your name, e-mail address, phone number and the AT section numbers of the hikes you have missed to: Lorrie Preston, mitandpak@aol.com

Share the Magic of the AT in PA with Friends and Family with "Come Walk With Me..." DVD

Highlights of SATC's recent section-hikes across Pennsylvania on the Appalachian Trail have been captured and set to music in the recently released DVD called "Come Walk With Me..." created by fellow SATC member, Lorrie Preston, and professionally produced by Triscari Studios. The DVD is 41 minutes long and contains 335 images of spectacular vistas, highlights, trail history, natural curiosities, wildflowers, trail friends, and more. Folk music by nationally known and respected long-distance hiker, Walkin' Jim Stoltz, and instrumental soundscapes by Mark Preston accompany the presentation, providing inspiration as you enjoy the beauty of the trail.

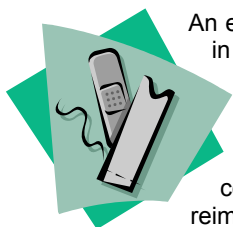
This DVD, which was presented at the SATC annual banquet in March, is available for purchase for \$12 at various club functions. DVDs can also be mailed to you at a cost of \$15 each. Please send your mailing info, along with a check payable to: Lorrie Preston, 3904 Chippenham Rd, Mechanicsburg, PA 17050. All proceeds beyond the cost of producing the DVD will go toward educational materials, work tools and gloves to be used for invasive plant removal efforts along the AT. Please support the trail and order today. The DVD is sure to inspire you and makes a great gift, which you can share with friends and family.

Our Treasury, June 30, 2008 As Reported by Richard Sis, SATC Treasurer

PNB Checking Account		\$3,280.44
Smith Barney CDs*		16,000.00
Smith Barney Money Market*		<u>1,419.70</u>
TOTAL UNRESTRICTED		\$20,700.14
Land Preservation-Restricted		\$2,193.55
TOTAL ALL FUNDS		\$22,893.69

* Smith Barney funds are reported at purchase price. Actual fund values differ.

Wilderness First Aid Course – November 1st and 2nd in Harrisburg



An eighteen-hour class in Wilderness First Aid, a program of the Wilderness Safety Council, will again be conducted in Harrisburg, PA. The course includes classroom study, hands-on practice, and results in a two-year certification. The cost is \$200. Registration is on a first-come, first-serve basis. For additional information phone (703) 836-8905 or visit <http://wfa.net>. SATC will reimburse $\frac{3}{4}$ th of the course expenses for "hike leader" members. **Please check with the Board Treasurer, Rick Sis, to determine if approved funding is still available for this course.** Please register with the Wilderness Safety Council, take the course, and then submit proof of course completion and course cost to the Board Treasurer. If you have any questions, regarding the reimbursement procedure, please contact Rick Sis at 774-0196.

ATC Announces Sawyer Training at Scott Farm

Friday, October 31, 2008 Recertification for B (Intermediate Sawyers)

Limited to eight B sawyers whose certifications are current. Sawyers will need a well-tuned saw. Participants should expect a fast-paced day with minimal teaching. A quiz will be included with the pre-course materials. Lots of review prior to the course is recommended.

Saturday, November 1 and Sunday November 2, 2008 Certification for A (Apprentice Sawyers)

This course is for maintainers who have not been through the A Apprentice program, those who wish to upgrade to B sawyers, Bs whose certificates have lapsed, or those who just want a longer refresher.

For a course application and additional information please check the ATC website: <http://www.appalachiantrail.org/site>.

Where to send address, name, phone number and email changes

The Club maintains a directory that includes your name, address, phone number(s), and email address. If the information changed or is incorrect, please email the correct information to Ilse Heine at Ilse@paonline.com or phone her at 838-4550. You are not required to have any or all of this information posted in the Directory, but please be sure what is in there is correct. It is especially important to have a correct email on file if you are receiving an electronic Bulletin. Finally, a correct email address will allow the Club to notify you of upcoming events, such as the dismantling of the Earl Shaffer Shelter, that are not published in the Bulletin.

New SATC Members' Directory Available

The Club recently published an updated SATC Members' Directory in November 2007. If you have not already received the new Directory, you may request one from John or Pat Zinn, 697-0648, pzinn@comcast.net who will mail one to you. To protect our members' privacy, no Directories will be sent by email.

The Club maintains a database used, in part, to publish a Club Directory periodically. Please be sure that your name, address, phone number(s), and email address are up to date. If the information has not been updated or you receive a Directory and the information is not correct, please email the correct information to Ilse Heine at Ilse@paonline.com or phone her at 838-4550.

CLUB NOTICES

Hike for Habitat Perry County

Saturday, September 20, 2008
6:30 a.m. – 7:30 p.m.

Susquehanna Appalachian Trail Club

September 5th Registration Deadline



www.habitatperrycopa.org



www.satc-hike.org

Help us celebrate the **10th Anniversary of Habitat for Humanity Perry County, PA**

Hikers

You are invited to join us in a first of its kind event in Perry County, Pennsylvania. The "Hike for Habitat Perry County" is a one-day hike in the Tuscarora State Forest in western Perry County. The distance is approximately 26 miles over rocky and rough terrain on various multi-use state forest trails with a few significant climbs. This hike is intended for the serious hiker who has done several training hikes of 15 miles or more. At a bare minimum, hikers should be able to hike at a rate of 2.5 to 3 miles an hour for 10 to 13 hours.

There is a limit of 100 hikers. Registration will close once this limit is reached or on September 5, 2008, whichever occurs first. Registration acceptance depends on the hiking experience of the hiker as described on the registration form. The registration fee of \$30 per person includes a light cold breakfast, snacks and drinks at each checkpoint, a light lunch at the mid-point, transportation to pre-hike breakfast and to the starting point. Transportation to the ending point will only be provided to those hikers who drop out at a checkpoint.

- Check-in Friday, September 19, 2008 between 6 p.m. and 9 p.m. (Blain Elementary School)
- Beginning point: top of Conococheague Mountain on PA Rte 274 near boundary of Perry and Franklin Counties. This is close to being the highest point in Perry County.
- Mid-point: Fowlers Hollow picnic pavilion
- End-point: Showaker Parking Area
- For more details and a registration form go to: <http://www.satc-hike.org/hikes.html#habitat>
- Want to volunteer to staff the hike on September 20th? Interested in being a major sponsor? Contact Karen Balaban 717.232.3708 KMBalaban@BalabanLLC.com

Fall Board Meeting (All SATC Members Invited)

Tuesday, October 7 @ 6:30 PM

Giant Community Center (Giant Market upstairs), 3301 Trindle Road, Camp Hill, PA

SATC's dues structure and financial status of the club will be considered. The Board will set the dues for 2009-2010 at this meeting. Members are encouraged to attend and provide their input.

Inquire at customer service desk for location of meeting. No food or drinks permitted. If you want an item on the agenda, please contact Karen Balaban, 232-3708 (weekdays), kmbalaban@balabanllc.com.

Fall Meeting for Members and Guests

Thursday, October 23 @ 6:30 PM

Giant Community Center (Giant Market upstairs), 3301 Trindle Road, Camp Hill, PA

We will have a social period until 7:00. Light refreshments and snacks will be provided. After the social period, we will discuss recent developments and activities then formulate a hiking schedule for the next quarter.

Holiday Party

Saturday, December 6 @ 5:30 PM

West Shore Senior Citizens Center, 122 Geary Street, New Cumberland, PA

Details regarding the Holiday Party will be described in the November newsletter.

No Bushwack Bulletin? Whom do you call?

If you do not receive your Bulletin by the 27th of the month that the Bulletin is scheduled for publishing, please contact our Treasurer, Rick Sis, at 774-0196. Rick keeps extra copies for new members and those who did not receive a Bulletin. Do not contact the Editor. He does not have extra copies.

SATC "Kid Hikers" email group

The SATC "Kid Hikers" email group is up and running. Those folks who have car-seat age kids and would like to hike with other kids and their adult friends are welcome to send a note to hike-hbg@satc-hike.org saying they are interested in joining the e-mail group.

CLUB SNIPPETS

Getting married, having a child, graduating, had a great hiking experience. Let the editor know when these and other experiences occur. The Club would like them to appear in the Snippets.

Owner of Ritter's True-Value Hardware Store Completes AT

After 25 years (according to his employees), Jack (Captain Jack) Ritter, who owns and operates Ritter's True Value Hardware in Mechanicsburg, has completed the AT. Congratulations Captain!

Thyra Sperry's son, Scott Ryder of Ryder Graphics in Mechanicsburg, created a large poster of Jack on top of Mt. Katahdin and hung it in front of the store as a surprise homecoming for him. Stop by the store and check out the poster on the bulletin board on the parking lot side of the store.

Phil Day also becomes a 2000 Miler

Long time SATC member Phil Day has become the latest in the growing list of club members who have completed

the entire Appalachian Trail. Phil joined the Club in the fall of 1982 and soon completed his first section of the AT on a 17-mile boot-buster club hike from Clarks Valley to the Clarks Ferry Bridge. He continued day hiking sections of Pennsylvania until he completed it, and then started backpacking trail sections in other states. Over the years, he completed new trail sections a little at a time on summer vacations and attending ATC bi-annual conference meetings, until just this past June when he finished the trail at Fontana Dam, NC. A backpacking trip through the Great Smoky Mountains NP provided the final hurrah!

Phil is currently the club's representative and Chairperson of the Appalachian Trail Conservancy's Regional Partnership Committee for the Mid-Atlantic region representing 11 maintaining clubs.

Former Member Elisabeth Tean passes away at 89

Many of the older folks may remember Elisabeth who hiked often with the Club up to about eight to ten years ago. Her hiking friends remember her as a one-time fashion designer in France. Italian-born Elisabeth passed away June 17. She has surviving cousins in France.

Once again, the Picnic is a splash

We counted 91 attendees at our July picnic at Fort Hunter. A refreshing tubing trip down the Susquehanna River on a hot day and a hike preceded the official potluck feast. We had a “short” meeting although our President did not keep it to five-minutes as promised. Once again, Eleanor Wagner and Jennifer and Tom Wright created certificates for weary wandering AT hikers who completed hikes in various states. Karen Balaban presented the certificates. Jim Foster completed the most states – all of them. Some took home certificates, other wet bottoms, but no one left hungry. By the way, Craig Barnhart did coax the cat out of the tree.

NTD is dedicated to the trail we love

The Club’s National Trails’ Day (NTD) event took an unusual and unique twist year as we dedicated the opening of a relocation of the AT which the Club had developed over the past three-years. After a pre-dedication hike, we took a short walk from the parking lot on Rt. 325 to the beginning of the trail relocation at the Henry Knauber Trail. After cutting the ribbon, some short remarks and picture taking, we embarked on the new trail that takes the trail off a deeply rutted road. Everyone seemed pleased with this more natural trail setting and marveled at the beauty of the walk.

Building of this trail required a dozen scheduled and a number of unscheduled work trips. Twenty-nine volunteers (Names are listed in the Thank You section) put in over 1,000 hours on this project.

Worthington’s Bakery

Thru-hiker companion guides have described Worthington’s Bakery on Rt. 206, Culvers Gap, New Jersey as a “hiker favorite for years”. The AT passes in front of the store. Unfortunately, our hiking group found Worthington’s closed both Saturday and Sunday in the spring. Then, when we returned in the summer, once again, Worthington’s was closed on Saturday. Thinking the place is out of business, we had given up on this place. After completing a make up hike on Sunday, one of our hikers saw an open sign lit up in the store’s window. Thrilled, he walked in and ordered a ham sandwich. Then another customer brought some water bottles up to the check out. He wanted to know if the storeowner was going to make any fresh coffee. The owner said no. The customer left the water bottles on the counter and left the store. The owner countered by saying he was not going to put up with this #&%* and closed the store. Now the hiker understood why Worthington’s is not open very often.

Fortunately, the owner finished the hiker’s order. He took his sandwich outside and bit into what he considers the finest ham sandwich ever. Simply the best! Fresh bread and quality, fresh meat. The coffee that the irate customer thought was old probably was also fresh. Now the hiker understood why Worthington’s is in the thru-hikers companion guides. Whenever you hike past Worthington’s you need to stop in. You just need to time it right.

PA Hiking Week

We did it! We had a hike every day of PA Hiking Week. We enjoyed a variety of brisk, leisurely, short and long hikes. Pat Zinn noted that we came close to having a hike every day the last two years and she wanted achieve a goal of having one every day of the Hiking Week.

SATC hike leaders should be patting themselves on the back for this accomplishment. So all you hike leaders – keep up the good work and keep sending Pat Zinn your wonderful hikes.



Photo by Scott Ryder

Banner in front of Ritter’s Hardware in Mechanicsburg honoring Jack Ritter’s completion of the AT

The Hiker Anon.

My Dear Fellow Hikers,

I, the Hiker Anon., have been thinking—wondering really-- about some terms we hikers hear regularly.

For instance, there's "LEAVE NO TRACE," impossible because we have made trails and built shelters and privies in the forests. We have painted rectangles on trees and erected signs in the woods. Not to mention how many times we have "poled" the sides of various trails or (Men Ahead!) relieved ourselves in the trees. As we hike, we pass by polluted streams and soils and, at times, we hike on forest and logging roads.

Moreover, if you consider "LEAVE NO TRACE" from a different point of view, do plant and animal life in the forests leave no trace on the hikers? We have ticks out looking for a long meal and mosquitoes looking for a quick snack. Then there are bears, chippies, squirrels, grackles, vultures, and dear knows what else looking for people food. Not to mention snakes and spiders that bite, briars and thorns that scratch, and poison ivy and oak that make us itch. Leave No Trace? I do not think so.

Back to "MEN AHEAD." Hiker Anon. wonders whether that implies "WOMEN BEHIND." In addition, if you are following an SATC hiking group performing a Men Ahead, what you see is Women Behind(s). It often seems in our world that men are ahead and women are working from behind to catch up.

Then there's "INVASIVE SPECIES" which obviously, when you consider it, we hikers are. Do we belong in the woods more than the native plants and animals that live there? Moreover, some of the invasives are actually native or are plants that have been around for so many years that we think they are native. Yes, there are invasive plants that affect native ones. This is often not good. Nevertheless, the forests are not static. The forests are always evolving and changing. Blights, gypsy moths, wooly adelgids, and emerald ash borers are perhaps the most feared invaders at this time.

Hiker Anon. would like to be able to time travel and see the forests as they were at different times in the past—maybe someday.

Hiker Anon. wishes to remain that way so that he does not have to personally hear the complaints that other hikers may have about his article. You'll have to send them to the Editor instead. So please, do not take Hiker Anon. too seriously and do think of better terms than the above ones.

The History of Camp Michaux

Excerpts from "The History of Camp Michaux" circa 1975, author unknown

In 1912, the South Mountain Mining and Iron Company sold its land in the current Pine Grove State Park area to the Commonwealth for \$29,827. The sixty square mile area once known as Pine Grove Estate became a state forest reserve. However, the state continued to cultivate the former Gardner farm until 1919. Then, the once prosperous farmlands were then abandoned and left to overgrow with weeds.

In 1933, the Civilian Conservation Corps, under Roosevelt's New Deal, spotted the site for one of their camps. This camp, S-51, became the first CCC camp in Pennsylvania. In May of 1933, the first group of boys came from Philadelphia by train to the Pine Grove station. At the beginning, they lived in the railroad coaches and each day walked the two-mile distance to and from the farm. When the crew had sufficiently cleared the fields, they set up their camp of tents. These tents were only temporary housing until barracks could be built. Living in tents was unpleasant as well as dangerous. Once when lightning struck the camp, two boys were killed. The corps finally moved into barracks at Christmas that first year. About 200 boys occupied the CCC camp at one time. Boys from eighteen to twenty-five years were eligible to enlist for a six-month period and could re-enlist up to two years.

The first work crew set out on June 1, 1933 to improve the road to the Baker sawmill. Other work assignments that first year were primarily devoted to the construction of a camp. Fields no longer needed were planted in tree plantations, and permanent buildings were built. Later years, however, were spent improving old roads, making new roads and making general improvements in the forest reserve.

After nine years of operation the CCC camp closed in February 1942; then the Intelligence Department of the Army took over the site and supervised the Michaux Prisoner of War Camp. Not only was the camp close to the Carlisle Army Post, but also it was only a two-hour drive from Washington, D.C. Most important, though, the camp was well isolated and could be kept a secret. At first, the camp was intended only for German naval officers, but then it was enlarged to take in some of Rommel's African Corps and later, Japanese officers. A staff of 150 American personnel was stationed there. The camp held the inventor of the German buzz bomb in addition to 1,500 other prisoners.

With the end of the war, the camp again was abandoned in approximately 1945. Then, when a small group of ministers and laymen from the Presbyterian and Reformed churches were looking for a summer camp where they could train their young

people, they discovered the ex-prison camp. In 1948 Camp Michaux Incorporated received a ten-year lease from the state at \$600 per year provided they maintain all buildings and grounds. A provisional agreement from the state allowed them to use the grounds during the summer of 1947 when work camps cleaned the area and repaired the buildings.

After the lease, the camp reverted to the State Forest and in approximately 1972 the buildings and appurtenances were removed. The buildings are now gone, save for the still standing end of the old barn just off the AT south of the State Park. However, after all the changes, the pristine setting remains.

Join Lorrie Preston on a side trip to Camp Michaux on her October 21st AT hike. See the Hiking and Activities section of this Bulletin.

Club equipment for sale:

SATC no longer needs a gently used **Olympus WS-300M** 256 MB Digital Voice Recorder. It is also a music player for files in WMA and MP3 format. The recorder requires one AAA battery. Instruction book and mini earphones included. The Club purchased this item new for \$127 in April 2007. Asking price \$70 does NOT include shipping. Contact **Rick Sis 774.0196**. Full specifications available at

http://www.olympusamerica.com/cpg_section/cpg_archived_product_details.asp?fl=2&id=1193

2008 KTA Schedule

KTA's May 2008 *Newsletter* listed the following schedule of meetings and events for 2008:

Meetings

September 27 Board and Council Meeting, Dingman's Ferry, PA

Events

September 6-26-mile-Susquehanna-Megahike (new), Holtwood, PA Cancelled
September 26 – 28 Fall Meeting and Hiking Weekend, Dingman's Ferry, PA
September 28 – 30 Greenways and Trails Summit, Pocono Manor, PA (KTA is a sponsor)

Trail Care

September 5-7 - Goat Hill in the Serpentine Barrens, Chester County
September 12-14 - Thunder Swamp Trail
October 24-26 - Mid State Trail – Everett Region
November 7 – 9 - Quehanna Trail

For more information on these events, check the KTA February 2008 *Newsletter*, the KTA website, www.kta-hike.org or email KTA at ktahike@verizon.net.

Peters Mountain Shelter Manager Needed

Responsibilities

- Routinely inspect for damage, trash or misuse.
- Break down all fire rings except main one near shelter.
- Make sure a notebook is available for use as a shelter register/trail register.
- Replenish peat moss for privy to assist in the composting of waste.
- Respond to reports of damage with an inspection and coordinate with Trailmaster to plan and execute remedial response.



Hike in and visit it often, enjoy the view, the spring, and the visitors. It is truly a great spot along the AT.

If this interests you, please contact our Trailmaster, Jeff Buehler or our President, Karen Balaban for more information on this volunteer opportunity.

SATC Trail Work Trips

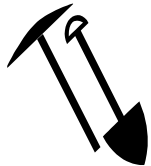
Sunday, September 14 9:00 AM
Sunday, October 5 9:00 AM
Sunday, October 19 9:00 AM
Sunday, November 2 9:00 AM
Sunday, November 16 9:00 AM

The meeting place for all work trips is the Funck's Family Restaurant rear parking area on Rt. 934, Lebanon County (Exit 85 of I-81). Contact Jeff Buehler, athikerjb@aol.com, 657-8281, or check the Hiking and Activities Schedule and/or website for more information.

Trailmaster's Report by Jeff Buehler, SATC Trailmaster

Earl Shaffer Shelter Removal

On August 2, 2008, a small Appalachian Trail (AT) shelter, built by legendary thru-hiker Earl Shaffer, was carefully dismantled and carried in pieces, three miles over the top of Peters Mountain on a section of the AT that Earl himself relocated there more than fifty years ago.



The Earl Shaffer Shelter, as most people called it, even though Earl requested his name be removed from it when the SATC installed a floor 25 years ago, was built by Earl along with a few other AT shelters in this area during the late 1950's and early 1960's. It was the last one still standing that was still in use on the AT. It was from a by-gone era when trail usage was light compared to the present. It was a small, simple, rustic structure, built in a simpler time by a man that lived his life in that manner.

On this early August day (almost sixty years after completing his historic thru-hike on August 5, 1948), thirty-eight volunteers (twenty from the SATC), gathered at the shelter site to honor the man who built the little shelter, which will eventually be displayed in a proposed AT museum in Pine Grove State Park, near the mid-point of the AT.

A ceremony was held to commemorate the man and all that he did for the AT community. Many friends of Earl were present including Bruce Dunlavy who stayed overnight in the shelter one last time and did preparation work marking all of the logs and old roofing panels that were under the rubber roof before the brunt of volunteers arrived the next morning. After the ceremony, and after much picture taking, the shelter was carefully disassembled and then volunteers began carrying out the many pieces to the Rt. 225 trailhead to be loaded in trucks and transported to the National Park Service (NPS) Scott Farm Trail Work Center in Cumberland County. There, a few volunteers stayed longer and helped temporary store the shelter pieces in an old barn on the site.

The Club built the much grander Peters Mountain Shelter 15 years ago within sight of Earl's shelter as a replacement shelter but some club board members at the time wanted to keep the little shelter because it was built by one of our more famous founding club members. Many hikers staying at the new shelter over the years did not even realize the old one was still there. Others that walked down the short un-blazed trail to it used the little "lean-to" as a place to get away from the crowds in the newer shelter.

Many organizations came together to help in this project to preserve some of AT history. Larry Luxenberg, President of the AT Museum Society, was instrumental in the process to get approval from the NPS and to help coordinate the project with the various groups involved. The Earl Shaffer Foundation was also represented in the proceedings. Volunteers from many other hiking clubs came out to lend a hand on a day that saw the AT lose a window to the past. Hopefully, in the near future, the little shelter will be resurrected for all to see again at another location on the AT – this time protected and preserved with other AT memorabilia in a museum right along the trail route.

Stony Mountain AT Relocation Completed

The SATC Trail Crew successfully completed the one-mile long AT relocation on Stony Mountain just in time for a "Grand Opening" on National Trails Day, Saturday, June 7, 2008. Permission was secured from the Pa Game Commission for the club to set up a display booth in the game commission parking area along Rt. 325 where the AT crosses. From there, participants went on a celebratory hike and a ribbon cutting was held to officially open the new trail relocation on a very hot and humid day.

The Appalachian Trail Conservancy (ATC), one of our AT management partners, was represented at the celebration by Bob Sickley who is a Regional Representative from the ATC Mid-Atlantic office in Boiling Springs. Bob was accompanied by this year's AT ridge runner for this area, Ray Brassington. Both hiked the new trail with us up the mountain and then the old trail back down to see the contrast between the two. Although the new trail route parallels the old trail just uphill, it is a well constructed, narrow footpath that meanders up through a natural setting versus the old, wide dirt service road that had become eroded and deeply gullied over the years.

During the two and a half years that the SATC Trail Crew worked on the new relocation, 30 different club volunteers, plus a dozen college fraternity members on one work trip, put in excess of 1000 hours of field labor to produce some incredible results. On a recent survey hike on the relocation, I tallied up the following impressive numbers:

Over 3300 linear feet of side hill or tread improvement that required at least some digging done.

Over 400 rock steps or rock stepping stones to bridge the many small rock fields the trail passes through.
About 800 linear feet of "crush & fill" where we fill in holes and gaps and harden the trail tread with small crushed rock and then top with mineral soil gathered from nearby borrow pits we dig.
About 500 linear feet of rock edging and/or cribbing wall
80 linear feet of turnpike (elevated trail tread with rock edging on each side)
5 rock water bars and 2 rock check dams
30 linear feet of drainage ditches dug out
And the infamous 6-foot long rock bridge that spans a small intermittent stream with rock bridge abutments and associated cribbing on both sides!

Trail designer Tom Scully paint-blazed the trail with his usual crisp and neat blazes. He also de-blazed the old trail route and added trail signs.

Thanks to everyone that worked so hard on this massive trail project. It should serve hikers well for generations to come.

Trail Maintainers

We have a new maintainer for the one-mile long Shikellimy Trail on Peters Mountain. SATC board member Tara Shade has volunteered to maintain this blue-blazed side trails to the AT from Clarks Valley. She replaces Marty Gromulat, who has moved out of the area. We thank Tara for taking on this responsibility and Marty for his past dedication in helping to maintain this trail.

Thanks to all SATC maintainers for doing a great job of keeping our trails clear this past spring and summer when we had a lot of rain and vegetation growth.

Scrambling to finish the trail for the National Trails Day AT Relocation Dedication



Jeff Buehler and Jeff Willard touch up and smooth out the path

Photo by Perry Ligon



A little rock work

Photo by Perry Ligon

The National Trails Day Dedication



Gary LaBelle, Jeff Buehler and Jeff Willard cut the ribbon



First hike on the newly dedicated trail

THE SUSQUEHANNA APPALACHIAN TRAIL CLUB, INC.

OFFICERS 2008 - 2009

PRESIDENT Karen Balaban 232-3708
P.O. Box 821 kmbalaban@balabanllc.com
Harrisburg, PA 17108-0821

VICE PRESIDENT Robert Doren, Jr. 763-0667
4833 Charles Road cibob@aol.com
Mechanicsburg, PA 17050-3076

SECRETARY John Stein 717-571-4939
P.O. Box 9 steinhike@cs.com
Hershey, PA 17033-0009

TREASURER Richard Sis 774-0196
1481 Simpson Ferry Rd. rsis@state.pa.us
New Cumberland, PA 17070-1572

IMMEDIATE PAST PRESIDENT Barbara Harvey 766-7868
19 Hemlock Drive bjaneharvey@aol.com
Mechanicsburg, PA 17055-4712

DELEGATES TO AFFILIATED ORGANIZATIONS

APPALACHIAN TRAIL
CONSERVANCY

MID-ATLANTIC
REGIONAL PARTNERSHIP Phil Day

KEYSTONE TRAILS
ASSOCIATION, INC. Karen Balaban

THE BUSHWACK BULLETIN

EDITOR John Zinn 645-8003
5226 Oxford Drive pzinn@comcast.net
Mechanicsburg, PA 17055-3510

HIKING & ACTIVITIES LIST Pat Zinn 697-0648
pzinn@comcast.net

DIRECTORS

CLASS OF 2009 Tara Shade 717-319-6975
206 Fawn Court tjshade23@yahoo.com
Marysville, PA 17053-9209

John O'Day 717-939-0954
1830 O'Hara Lane john.oday@eds.com
Middletown, PA 17057

Lorrie Preston 732-5615
3904 Chippenham Road mitandpak@aol.com
Mechanicsburg, PA 17050-9180

CLASS OF 2010 Jennifer Hollinger 717-279-6444
140 Rexmont Road jjhol57@aol.com
Lebanon, PA 17042-8975

Gail Brossman 766-1982
375 Silver Spring Road gvb1024@aol.com
Mechanicsburg, PA 17050-2861

Robert Shaw IV 350-5120
50 W. Lauer Lane jake17011@yahoo.com
Camp Hill, PA 17011-1318

AUDITOR John Zinn
AWARDS Pat Zinn
CONSERVATION Richard A. Martin
DATABASE MANAGER Ilse Heine
FINANCE Robert Shaw
HIKE LEADERSHIP Jennifer Hollinger
MEMBERSHIP John Zerphey

NPS BOUNDARY CORRIDOR MONITOR Tom Scully
PETERS MOUNTAIN SHELTER PROGRAM Vacant
PUBLIC RELATIONS Bob Doren
TRAILMASTER Gail Brossman
WEBMASTER Jeffrey R. Buehler
Peter Fleszar



SATC MEMBERSHIP FORM

Please check all applicable box(es): New membership Purchase of club merchandise
 Renewal* Correction of membership details

**For membership renewals with no change in data, only enter dues payment, print name(s) and sign form.*

Individual Membership \$15.00 per year x ___ years = \$ _____

Joint Membership (at same address) \$25.00 per year x ___ years = \$ _____

Life Membership \$375.00 for an individual membership; \$625.00 for joint membership
55 years old & over \$300.00 for an individual membership; \$500.00 for joint membership \$ _____

I would also like to contribute to support the Club's shelter maintenance and trail system.
Contributions other than membership fees are fully tax deductible to the extent allowed by law. \$ _____

SATC Club Patch (\$2.00 plus .12 sales tax) ___ x \$ 2.12 = \$ _____

Pennsylvania Hiking Trails, 12th Edition (254 pp.) (\$5.00 plus .30 sales tax) ___ x \$ 5.30 = \$ _____

Appalachian Trail Guide for Pennsylvania (\$7.00 plus .42 sales tax) ___ x \$ 7.42 = \$ _____

Colored map of AT Sections 1-6 in Pennsylvania (\$12.00 plus .72 sales tax) ___ x \$12.72 = \$ _____

Colored map of AT Sections 7-8 in Pennsylvania (\$6.00 plus .36 sales tax) ___ x \$ 6.36 = \$ _____

Make checks payable to: SATC **Amount Enclosed \$ _____**

Send completed form and payment to: SATC, P.O. Box 61001, Harrisburg, PA 17106-1001

Name (Print) _____ Joint Member Name _____

Address _____ City _____ State _____ Zip _____ - _____

Telephone (Home) _____ Telephone (Other) _____

E-mail _____ Occupation _____

Distribution of Club Newsletter (Choose one):

Email PDF File (includes pictures) Email Word File (no pictures) Regular Mail
If no choice is made, the Club will email a PDF File. Emailed Newsletters precede regular mailed ones by one week.

Check here if you do not wish to be listed in the Club Directory.

Check below if you would be willing to help with any of the following activities:

Finance Committee Member Trail Maintenance Publicity Phone Calls

Hike Leader – We encourage hike leaders to attend quarterly Membership Meetings noted in the Newsletter.

Payment of dues constitutes an agreement of those signing below with the policies of the SATC including the following liability statement: I/We are aware of the risks inherent in outdoor activities. By participating in any activity of SATC., I/we will be responsible for my/our own well being and that of my/our minor children while I/we are participating in the activities of SATC. and while to and from these activities. I/we agree that SATC, its officers, representatives, or leaders shall not be liable for any injury, loss, or damage to my/our persons, my/our children, or my/our property, direct or consequential, arising from the activities of the Club.

Signature _____ Date _____ Joint Member Signature _____ Date _____

This application for membership MUST BE SIGNED AND DATED by all persons 18 years of age or older and all married persons below the age of 18 who belong or wish to belong to SATC under this membership.

----- DO NOT WRITE BELOW THIS LINE ----- DO NOT REMOVE THE BOTTOM PORTION -----

Processed by Treasurer _____ Processed by Database Manager _____ Dues Paid to April 1, _____



Susquehanna Appalachian Trail Club
P.O. Box 61001
Harrisburg, PA 17106-1001

DATED MATERIAL

NON-PROFIT ORG.
U S POSTAGE
PAID
HARRISBURG PA
PERMIT NO. 15

RETURN SERVICE REQUESTED

This Edition is dedicated to the life of Earl Shaffer



Photo provided by Dick Martin
Earl Shaffer in 1999



Photo by Charlie Duane
**August 2, 2008: Dismantling the shelter Earl Shaffer
built in the 1960s**